

# CREATE YOUR OWN LUNCH GYU-COMBO

AVAILABLE MON-FRI  
DURING SELECT HOURS  
EXCLUDING HOLIDAYS

**2 BBQ ITEMS FOR 1 PERSON \$15.95**

**3 BBQ ITEMS FOR 1 PERSON \$19.95**

Single BBQ item portions are about 3.5 oz unless specified | Served with Miso Soup, Lunch Salad, and Rice

## STEP 1 CHOOSE 2 OR 3 BBQ ITEMS

Upgrade to a **DOUBLE** portion at a **VALUE!**

### BEEF



SINGLE +\$0 DOUBLE +\$4

**Angus Beef Rib\***  
Sweet Soy Tare  
250 Cal



SINGLE +\$0 DOUBLE +\$4

**Umakara Ribeye\***  
160 Cal



SINGLE +\$0 DOUBLE +\$4

**Toro Beef\***  
Sweet Soy Tare  
260 Cal



SINGLE +\$0 DOUBLE +\$4

**Yaki-Shabu Beef\***  
Miso  
230 Cal



SINGLE +\$3 DOUBLE +\$9

**Filet Mignon\***  
Salt & Pepper  
250 Cal



SINGLE +\$3 DOUBLE +\$9

**Kalbi Chuck Rib\***  
Sweet Soy Tare  
270 Cal



SINGLE +\$3 DOUBLE +\$9

**Bistro Hanger Steak\***  
Miso  
270 Cal



SINGLE +\$3 DOUBLE +\$9

**Premium Sirloin\***  
Sweet Soy Tare  
150 Cal



SINGLE +\$5 DOUBLE +\$13

**Harami Skirt Steak\***  
Miso  
250 Cal



SINGLE +\$6 DOUBLE +\$14

**Beef Tongue\* 3 oz**  
190 Cal



SINGLE +\$6 DOUBLE +\$14

**Prime Kalbi Short Rib\***  
Sweet Soy Tare  
420 Cal

### POULTRY



SINGLE +\$0 DOUBLE +\$4

**Chicken\***  
Basil / Teriyaki  
110 Cal / 120 Cal



SINGLE +\$0 DOUBLE +\$4

**Garlic Shoyu Chicken Thigh\***  
130 Cal



SINGLE +\$3 DOUBLE +\$9

**Duck Breast\***  
Shio  
120 Cal

### PORK



SINGLE +\$0 DOUBLE +\$4

**Spicy Pork\***  
Spicy Jalapeño Miso  
280 Cal



SINGLE +\$0 DOUBLE +\$4

**Umakara Pork\***  
180 Cal

### SEAFOOD



SINGLE +\$0 DOUBLE +\$4

**Shrimp Garlic**  
150 Cal



SINGLE +\$3 DOUBLE +\$9

**Miso Butter Salmon**  
250 Cal

## STEP 2 RICE OPTIONS



+\$0 Regular White Rice 340 Cal

+\$1.50 Large White Rice 510 Cal

+\$3 Extra-Large White Rice 680 Cal

+\$2 Organic Brown Rice 280 Cal



+\$5 **Beef Sukiyaki Fried Rice Bowl** 740 Cal

+\$2 **Garlic Fried Rice Bowl** 660 Cal

## STEP 3 ADD-ONS



+\$3

**Gyu-Sushi 2 pcs**  
165 Cal



+\$2

**Garlic Shio Cabbage**  
60 Cal



+\$2

**Garlic Mushroom**  
150 Cal



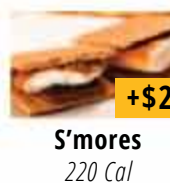
+\$2

**Spinach Garlic**  
110 Cal



+\$2

**Broccoli**  
110 Cal



+\$2

**S'mores**  
220 Cal



+\$2

**Ice Cream**  
220 Cal

## STEP 4 BBQ BOOSTERS



**Original Garlic Butter**  
\$2.95 180 Cal



**Herb Garlic Butter**  
\$2.95 140 Cal



**Cheese Fondue**  
\$3.45 200 Cal



**Scallion Sauce**  
\$2.00 110 Cal



**Spicy Umami Chili**  
\$1.00 15 Cal



**Spicy Miso Garlic Butter**  
\$2.95 210 Cal



**Crunchy Chili Garlic Sauce**  
\$2.00 130 Cal



**Spicy Jalapeño Miso**  
\$1.00 20 Cal

Before placing your order, please inform your server if a person in your party has a food allergy.

\*These items may be served raw or undercooked, or contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, or eggs may increase your risk of foodborne illness • 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutritional information available upon request • Calorie information is based on standard recipes and product formulations. Variations may occur due to differences in preparation, serving sizes, ingredients, or special orders • Our food may contain MSG, eggs, soy, milk, wheat and/or nuts • No item substitutions allowed for lunch specials • Other restrictions may apply.

# QUICK & EASY BOWL & NOODLE SETS

AVAILABLE MON-FRI  
DURING SELECT HOURS  
EXCLUDING HOLIDAYS

## GYU-BOWLS

SIGNATURE RICE AND NOODLE BOWLS WITH MIXED GREENS, SERVED WITH MISO SOUP



Roast Beef  
Rice Bowl  
955 Cal

**\$15.95**



Beef Sukiyaki  
Fried Rice  
Bowl  
775 Cal

**\$14.95**



Crunchy Garlic  
Shrimp Noodles  
1015 Cal

**\$15.95**



Spicy Beef  
Rice Bowl  
925 Cal

**\$14.95**



Beyond Beef  
Rice Bowl  
695 Cal

**\$14.95**



Garlic Shoyu  
Chicken Noodles  
995 Cal

**\$14.95**



Umakara Beef  
Rice Bowl  
855 Cal

**\$14.95**



Garlic Fried  
Rice Bowl  
695 Cal

**\$12.45**



Fried Chicken  
Karaage  
Rice Bowl  
895 Cal

**\$14.95**

## RAMEN

SERVED WITH LUNCH SALAD



Spicy Beef  
Ramen  
1125 Cal

**\$13.95**

▲ SODIUM WARNING



Tonkotsu  
Ramen  
975 Cal

**\$13.95**

▲ SODIUM WARNING



Goma Negi  
Shio Ramen  
1095 Cal

**\$13.95**

▲ SODIUM WARNING

## VALUE COURSE FOR 2



2790 Cal

### STARTERS

- Gyu-Kaku Salad
- Miso Soup x2
- White Rice x2
- Edamame

### BBQ ITEMS

- Bistro Hanger Steak\* Miso
- Yaki-Shabu Beef\* Miso
- Toro Beef\* Sweet Soy Tare
- Angus Beef Rib\* Sweet Soy Tare
- Umakara Pork\*
- Chicken Basil\*
- Assorted Vegetables

**\$75**

FOR 2 PEOPLE

## SMALL PLATES

- Fried Pork Gyoza Dumpling \$7.45 | **\$6.45 HH** 230 Cal
- Japanese Chicken Karaage \$7.45 390 Cal
- Black Pepper Wings \$9.45 | **\$7.95 HH** 330 Cal
- Miso Chili Wings \$10.00 580 Cal
- Fried Cheese Wontons \$6.45 | **\$5.45 HH** 360 Cal
- Takoyaki \$7.95 | **\$6.95 HH** 530 Cal
- Vegetable Spring Rolls \$7.95 | **\$6.45 HH** 450 Cal
- Edamame \$5.00 | **\$4.00 HH** 200 Cal
- Spicy Addicting Cucumber \$5.95 | **\$4.95 HH** 250 Cal
- Yuzu Shishito Peppers \$7.95 | **\$6.95 HH** 280 Cal
- Napa Kimchi \$6.00 | **\$5.00 HH** 35 Cal
- Gyu-Kaku Salad \$8.95 | **\$7.95 HH** 310 Cal
- S'mores \$3.50 | **\$2.50 HH** 220 Cal
- Ice Cream Vanilla or Green Tea \$3.45 220 Cal

HH = Happy Hour Price

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HH HM-MI PIN



NEW MEMBERS GET \$10 OFF  
ON YOUR NEXT VISIT!



SCAN THE QR CODE TO  
DOWNLOAD THE APP  
AND EARN POINTS!