

Available On Weekdays Only! \*Excludes Holidays



# Lunch Menu

## CREATE YOUR OWN LUNCH COMBO!

for 1 person

**3.5 oz meat each!**

**CHOOSE 2 OR 3 BBQ ITEMS!**

2 BBQ items  
**\$13.95**

3 BBQ items  
**\$17.95**

Comes with Miso Soup 35 Cal,  
Lunch Salad 40 Cal, White Rice 340 Cal



### BEEF



**Kalbi Chuck Rib\***  
Sweet Soy Tare  
270 Cal



**Bistro Hanger Steak\***  
Miso  
205 Cal



**Angus Beef Rib\***  
Sweet Soy Tare  
240 Cal



**Umakara Ribeye\***  
160 Cal  
Try w/ Garlic Shio Cabbage!



**Toro Beef\***  
Sweet Soy Tare  
260 Cal



**Yaki-Shabu Beef\***  
Miso  
205 Cal



**Premium Sirloin\***  
Sweet Soy Tare  
150 Cal



**Harami Skirt Steak\*** Miso  
280 Cal



**Filet Mignon\***  
Salt & Pepper  
250 Cal

### POULTRY



**Chicken Breast\***  
Basil / Teriyaki  
270 Cal / 145 Cal



**Garlic Shoyu Chicken Thigh\***  
130 Cal



**Duck Breast\***  
Shio  
180 Cal



**Beef Tongue\* 3 oz**  
w/ Lemon  
190 Cal



**Prime Kalbi Short Rib\***  
Sweet Soy Tare  
420 Cal

### PORK



**Pork Belly\***  
Shio  
570 Cal



**Umakara Pork\***  
180 Cal  
Try w/ Garlic Shio Cabbage!

### SEAFOOD



**Shrimp Garlic\***  
4 pcs  
200 Cal



**Miso Butter Salmon\***  
250 Cal

### ADD-ONS



**Garlic Mushroom**  
130 Cal



**Garlic Shio Cabbage**  
60 Cal



**Gyu-Sushi 2 pcs**  
165 Cal

### UPGRADE YOUR RICE!



**Garlic Fried Rice\***  
630 Cal



**Spinach Garlic**  
240 Cal



**Broccoli**  
110 Cal



**Ice Cream**  
220 Cal



**S'mores**  
220 Cal



**Beef Sukiyaki Bibimbap**  
710 Cal

Reins International Colorado dba Gyu-kaku Restaurants has a Tip Pool Policy in place. Employees participate and receive tip distributions in compliance with Federal and State Regulations.

Before placing your order, please inform your server if a person in your party has a food allergy.

\*These items may be served raw or undercooked, or contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness. Calorie information is based on standard recipes and product formulations. Variations may occur due to differences in preparation, serving sizes, ingredients, or special orders. 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutritional information available upon request • Our food may contain MSG, eggs, soy, milk, wheat and/or nuts. Request a manager if you have any special diet or allergy concerns before ordering food • No item substitutions allowed for lunch specials • Other restrictions may apply.

