



Gyu At Home!

TAKEOUT AND DELIVERY MENU

- ★ = Best Seller
- GF = Gluten-Free
- V = Vegetarian Friendly

\$19.45
PER PERSON

CREATE YOUR OWN GYU-BENTO COMBO

Comes with **Half Gyu-Kaku Salad** 160 Cal, **Miso Soup** 35 Cal, **Hot & Spicy Sauce** 40 Cal, and **Sweet Soy Sauce** 35 Cal. Chosen BBQ items will be cooked upon your order and served on **White Rice**.

1 Choose 2 BBQ Items Please select portion size and marinade with your BBQ selection



Toro Beef 250–520 Cal

3.5 oz **+\$0** 7 oz **+\$2**

Marinade Choices: Sweet Soy Tare or Shio



Yaki-Shabu Beef 205–460 Cal

3.5 oz **+\$0** 7 oz **+\$2**

Marinade Choices: Miso or Umakara



Bistro Hanger Steak 205–560 Cal

3.5 oz **+\$2** 7 oz **+\$4**

Marinade Choices: Miso or Garlic



Chicken Breast 145–540 Cal

3.5 oz **+\$0** 7 oz **+\$2**

Marinade Choices: Basil or Teriyaki GF



Shrimp 200–440 Cal

4 pcs **+\$0** 8 pcs **+\$3**

Marinade Choices:
Garlic GF or Spicy Jalapeño Miso



Pork Belly 510–1040 Cal

3.5 oz **+\$0** 7 oz **+\$2**

Marinade Choices: Shio or Sweet Soy Tare



Harami Skirt Steak 275–560 Cal

3.5 oz **+\$4** 7 oz **+\$8**

Marinade Choices: Miso or Shio



Prime Kalbi Short Rib 390–840 Cal

3.5 oz **+\$6** 7 oz **+\$12**

Marinade Choices: Sweet Soy Tare or Salt & Pepper

2 Select Amount of Rice

Small 8 oz
340 Cal

Regular 12 oz
510 Cal

Large 16 oz
680 Cal

3 Choose 2 Side Dishes



Japanese Chicken Karaage 3 oz
230 Cal



Fried Pork Gyoza Dumplings 3 pcs
280 Cal



Takoyaki
3 pcs 265 Cal



Edamame 3 oz 100 Cal



Napa Kimchi
3 oz 27 Cal



Broccoli 3 oz 80 Cal

SIDE ORDER



Edamame 200 Cal
\$4.45



Fried Pork Gyoza Dumplings 480 Cal
\$6.95



Vegetable Spring Rolls 450 Cal
\$7.95



Japanese Chicken Karaage 390 Cal
\$6.95



Spicy Addicting Cucumber 250 Cal
\$6.45



Napa Kimchi 40 Cal
\$5.95



Takoyaki 530 Cal
\$7.45



Black Pepper Wings 330 Cal
\$9.95



Miso Chili Wings 580 Cal
\$10.95



Fried Cheese Wontons 330 Cal
\$6.95



Yuzu Shishito Peppers 270 Cal
\$7.45



Gyu-Kaku Salad Full 310 Cal **\$8.95**
Half Size 160 Cal **\$4.95**



Miso Soup 35 Cal
\$3.95



White Rice 340 Cal
\$3.45



S'more 1 pc 110 Cal
\$1.95

Select canned beverages available for takeout and delivery

Before placing your order, please inform your server if a person in your party has a food allergy • Our food may contain MSG, eggs, soy, milk, wheat, sesame seeds, and/or nuts • 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutritional information available upon request • No item substitutions allowed • Actual presentation may differ from images on the menu • Other restrictions may apply.



Gyu-Kaku
Japanese BBQ



Gyu At Home!

TAKEOUT AND DELIVERY MENU



GYU-BOWLS

1 Choose your Gyu-Bowl Set

- Miso Soup Set 35 Cal
- Half Gyu-Kaku Salad Set 160 Cal
- Combo Set w/ Miso Soup, Salad, and Single S'more 305 Cal (+\$2)



2 Choose one of your favorite Gyu-Bowls



Sukiyaki Fried Rice with Beef Bowl
\$12.50 740 Cal



Beyond Bibimbap Bowl
\$12.50 630 Cal



Umakara Beef Bowl
\$12.50 790 Cal



Chicken Karaage Bowl
\$12.50 830 Cal



Garlic Fried Rice Bowl
\$10.00 630 Cal

GYU-NOODLES

Combo Set Not Available,
À La Carte Only.



Garlic Noodles w/ Shoyu Chicken
\$11.50 930 Cal



Garlic Noodles w/ Crunchy Garlic Shrimp
\$11.50 950 Cal



Gyu-Kaku Spicy Beef Ramen
\$11.50 780 Cal



Gyu-Kaku Pork Chashu Shio Ramen
\$11.50 840 Cal



Gyu-Kaku Garlic Miso Ramen
\$11.50 760 Cal

OTHER BOWLS

- Mega Sukiyaki Fried Rice with Beef Bowl**.....\$29.00 2220 Cal
- Mega Garlic Noodles with Shoyu Chicken Bowl**.....\$29.00 2790 Cal



FAMILY MEAL FOR ALL

5154 Cal

\$69.00

Gyu-Bento 1

Yaki-Shabu Beef Miso
Napa Kimchi
Broccoli
White Rice

Sukiyaki Fried Rice with Beef Bowl
Garlic Noodles with Shoyu Chicken Bowl
Gyu-Kaku Salad
Black Pepper Wings
Fried Pork Gyoza Dumplings
Edamame

Gyu-Bento 2

Toro Beef Sweet Soy Tare
Napa Kimchi
Broccoli
White Rice

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KID'S MENU

TAKEOUT AND DELIVERY

KID
\$7.00
PER BOWL
AGES 5-10



Yakiniku Beef Bowl
440 CAL / 470 CAL

Choice of:
Grilled Toro Beef Sweet Soy Tare (2 oz)
or Yaki-Shabu Beef Miso (2 oz),
1 pc Fried Cheese Wonton, edamame,
corn, salad mix, cherry tomato,
cooked and served on white rice (4 oz).



**Teriyaki Fried Chicken
Karaage Bowl** 480 CAL

Japanese fried chicken (3 oz) drizzled
with teriyaki sauce, 1 pc Fried Cheese
Wonton, edamame, corn, salad mix, cherry
tomato, cooked and served on white rice (4 oz).



Pork Chashu Bowl 495 CAL

Pork Chashu (2 oz), 1 pc Fried Cheese
Wonton, edamame, corn, salad mix, cherry
tomato, cooked and served on white rice (4 oz).

JUNIOR
\$11.00
PER BOWL
AGES 10-13

**Extra
Appetizer!
More
Protein!**



**Bigger
Portion**

Pork Chashu Bowl 840 CAL

Pork Chashu (4 oz), 1 pc Fried Pork
Gyoza Dumpling, 1 pc Fried Cheese Wonton,
edamame, corn, salad mix, cherry
tomato, served on **white rice (6 oz)**.



**Bigger
Portion**

**Teriyaki Fried Chicken
Karaage Bowl** 750 CAL

Japanese fried chicken (5 oz) drizzled
with teriyaki sauce, 1 pc Fried Pork
Gyoza Dumpling, 1 pc Fried Cheese Wonton,
edamame, corn, salad mix, cherry tomato,
cooked and served on **white rice (6 oz)**.



**Bigger
Portion**

Yakiniku Beef Bowl
730 CAL / 800 CAL

Choice of:
Grilled Toro Beef Sweet Soy Tare (4 oz)
or Yaki-Shabu Beef Miso (4 oz), 1 pc Fried
Pork Gyoza Dumpling, 1 pc Fried Cheese
Wonton, edamame, corn, salad mix, cherry tomato,
cooked and served on **white rice (6 oz)**.

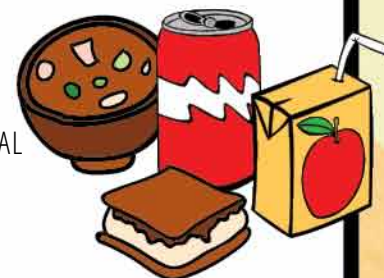
ONE SIZE ONLY
**Beef Yakisoba
Noodle Bowl**
\$8.00 460 CAL

Yaki-Shabu Beef sautéed with
broccoli, cabbage, ramen noodles in
Okonomiyaki sauce, topped with bell
peppers and bonito flakes



ADD-ONS

Miso Soup \$1.50 35 CAL
Soda (Can) \$1.50 0-148 CAL
Apple Juice \$1.50 117 CAL
S'more (1 pc) \$1.50 110 CAL



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