



Gyu-Kaku  
Japanese BBQ

# Welcome Back Lunch Menu

**CREATE YOUR OWN  
LUNCH COMBO!**  
for 1 person

3.5 oz  
meat  
each!

2 BBQ items  
**\$12.95**

3 BBQ items  
**\$16.95**

Comes with Miso Soup 35 Cal,  
Lunch Salad 40 Cal, White Rice 340 Cal

**CHOOSE 2 OR 3 BBQ ITEMS!**



**Kalbi Chuck Rib\***  
Sweet Soy Tare  
270 Cal



**Bistro Hanger  
Steak\* Miso**  
205 Cal



**Toro Beef\***  
Sweet Soy Tare  
260 Cal



**Yaki-Shabu Beef\***  
Miso  
205 Cal



**Umakara Yaki Beef\***  
230 Cal

Try w/ Garlic Shio Cabbage! Try w/ Garlic Shio Cabbage!



**Umakara Pork\***  
180 Cal



**Pork Belly\***  
Shio  
570 Cal



**Shrimp Garlic\***  
4 pcs  
200 Cal



**Chicken Breast\***  
Basil / Teriyaki  
270 Cal / 145 Cal



**Garlic Shoyu  
Chicken Thigh\***  
130 Cal



**Harami Skirt  
Steak\* Miso**  
280 Cal



**Beef Tongue\* 3 oz**  
w/ Lemon  
190 Cal



**Prime Kalbi  
Short Rib\***  
Sweet Soy Tare  
420 Cal



**UPGRADE  
YOUR RICE!**



**Beef Sukiyaki Bibimbap**  
710 Cal



**ADD-ONS**

**+\$2 Each**



**+\$2**

**Garlic Shio  
Cabbage**  
60 Cal



**+\$2**

**Garlic  
Mushroom**  
290 Cal



**+\$2**

**Broccoli**  
110 Cal



**+\$2**

**S'mores**  
220 Cal



**+\$2**

**Ice Cream**  
220 Cal

**Before placing your order, please inform the restaurant of any food allergies.**

\*These items may be served raw or undercooked, or contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness. Calorie information is based on standard recipes and product formulations. Variations may occur due to differences in preparation, serving sizes, ingredients, or special orders. 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutritional information available upon request. Our food may contain MSG, eggs, soy, milk, wheat, sesame seeds, and/or nuts. Request a manager if you have any special diet or allergy concerns before ordering food. No item substitutions allowed for lunch specials. Other restrictions may apply.